



## 9. Walking Day am Möhnesee Möhnesee-Körbecke / 31.05.2014

### Detailed evaluation

Herweg, Rudolf

Club: LT Siebengebirge

Number: 16141

Course: 16.60 km

Bau-Wapelhorst-Lauf (Nordic Walking)

Total time: 2:04:26

Speed: 7.71 km/h

metres in height up: 262

Course score: 19.93

performance score: 164 Points