



9. Walking Day am Möhnesee
Möhnesee-Körbecke / 31.05.2014

Detailed evaluation

Seiffert, Bernd

Club: wt-soest

Number: 16128

Course: 16.60 km

Bau-Wapelhorst-Lauf (Nordic Walking)

Total time: 2:04:46

Speed: 7.69 km/h

metres in height up: 262

Course score: 19.93

performance score: 164 Points