



9. Walking Day am Möhnensee
Möhnensee-Körbecke / 31.05.2014

Detailed evaluation

Swigoniak, Joel

Club: Lauftreffs Gescher
Number: 5152

Course: 5.00 km

Lotto-Gruttman-Lauf (Walking)

Total time: 45:13

Speed: 6.63 km/h

metres in height up: 42

Course score: 5.63

performance score: 37 Points