



11. Town&Country Rennsteigquerung 2014

Bad Salzungen / 01.06.2014

Detailed evaluation

Ralf, Kurtz

Club: Erfurt
Number: 800

Course: 21.10 km
Halbmarathon (Lauf)

Category:
Senioren M45

Total time: 1:32:54

Speed: 13.56 km/h
Running performance: 4:24 min/km

Rank in course/Total: 15 (of 119)

Rank in course/Men: 15 (of 83)

Best time in course: 1:16:40

Rank in category: 3(of 24)

Best time in the category: 1:27:37