



# 11. Town&Country Rennsteigquerung 2014

Bad Salzungen / 01.06.2014

## Detailed evaluation

**König, Volker**

Club: Schmalkalder LV

Number: 385

Course: 21.10 km

Halbmarathon (Lauf)

Category:

Senioren M45

Total time: 1:37:08

Speed: 12.97 km/h

Running performance: 4:36 min/km

Rank in course/Total: 24 (of 119)

Rank in course/Men: 23 (of 83)

Best time in course: 1:16:40

Rank in category: 5(of 24)

Best time in the category: 1:27:37