



11. Town&Country Rennsteigquerung 2014

Bad Salzungen / 01.06.2014

Detailed evaluation

Langenhan, Soeren

Club: Schmalkalden

Number: 355

Course: 21.10 km

Halbmarathon (Lauf)

Category:

Senioren M40

Total time: 1:41:37

Speed: 12.40 km/h

Running performance: 4:49 min/km

Rank in course/Total: 33 (of 119)

Rank in course/Men: 30 (of 83)

Best time in course: 1:16:40

Rank in category: 4(of 9)

Best time in the category: 1:27:06