



# 11. Town&Country Rennsteigquerung 2014

Bad Salzungen / 01.06.2014

## Detailed evaluation

**Heß, Torsten**

Club: LG Rippershausen

Number: 49

Course: 44.00 km

Marathon

Category:

Senioren M45

Total time: 3:45:20

Speed: 11.72 km/h

Running performance: 5:07 min/km

Rank in course/Total: 4 (of 25)

Rank in course/Men: 4 (of 21)

Best time in course: 3:05:50

Rank in category: 1(of 5)

Best time in the category: 3:45:20