



11. Town&Country Rennsteigquerung 2014

Bad Salzungen / 01.06.2014

Detailed evaluation

Frisch, Kai

Club: Bärfelser Säcke

Number: 113

Course: 21.10 km

Halbmarathon (Lauf)

Category:

Senioren M40

Total time: 2:21:20

Speed: 8.92 km/h

Running performance: 6:42 min/km

Rank in course/Total: 101 (of 119)

Rank in course/Men: 74 (of 83)

Best time in course: 1:16:40

Rank in category: 8(of 9)

Best time in the category: 1:27:06