



11. Town&Country Rennsteigquerung 2014

Bad Salzungen / 01.06.2014

Detailed evaluation

Dittmar, Stephan

Club: LV Schmalkalden

Number: 36

Course: 44.00 km

Marathon

Category:

Senioren M45

Total time: 4:51:48

Speed: 9.05 km/h

Running performance: 6:38 min/km

Rank in course/Total: 16 (of 25)

Rank in course/Men: 14 (of 21)

Best time in course: 3:05:50

Rank in category: 5(of 5)

Best time in the category: 3:45:20