



# 11. Town&Country Rennsteigquerung 2014

Bad Salzungen / 01.06.2014

## Detailed evaluation

**Rost, Andreas**

Club: Umpferstedt

Number: 34

Course: 44.00 km

Marathon

Category:

Senioren M35

Total time: 4:58:08

Speed: 8.86 km/h

Running performance: 6:47 min/km

Rank in course/Total: 20 (of 25)

Rank in course/Men: 17 (of 21)

Best time in course: 3:05:50

Rank in category: 2(of 3)

Best time in the category: 3:46:30