



# 11. Town&Country Rennsteigquerung 2014

Bad Salzungen / 01.06.2014

## Detailed evaluation

**Nickels, Rudi**

Club: Riedstadt

Number: 40

Course: 44.00 km

Marathon

Category:

Senioren M55

Total time: 5:11:44

Speed: 8.47 km/h

Running performance: 7:05 min/km

Rank in course/Total: 23 (of 25)

Rank in course/Men: 19 (of 21)

Best time in course: 3:05:50

Rank in category: 4(of 4)

Best time in the category: 3:33:13