



# 11. Town&Country Rennsteigquerung 2014

Bad Salzungen / 01.06.2014

## Detailed evaluation

**Ploß, Nico**

Club: SG Hutschenreuter Selb

Number: 220

Course: 10.00 km

Keltenbadlauf (Lauf)

Category:

Senioren M55

Total time: 1:04:45

Speed: 9.27 km/h

Running performance: 6:29 min/km

Rank in course/Total: 58 (of 68)

Rank in course/Men: 41 (of 46)

Best time in course: 37:52

Rank in category: 4(of 4)

Best time in the category: 49:08