



14. Kirschlauf
Kleinfahner / 15.06.2014

Detailed evaluation

Ostermann, Frank

Club: SWE Laufteam
Number: 100

Course: 14.00 km
Hauptlauf

Category:
Senioren M55 (55-59 Jahre)

Total time: 1:05:17

Speed: 12.87 km/h
Running performance: 4:40 min/km

Rank in course/Total: 30 (of 222)

Rank in course/Men: 29 (of 166)

Best time in course: 52:15

Rank in category: 1(of 12)

Best time in the category: 1:05:17