



14. Kirschlauf  
Kleinfahrer / 15.06.2014

## Detailed evaluation

**Almeroth, Lutz**

Club: LTV Erfurt  
Number: 249

Course: 14.00 km  
Hauptlauf

Category:  
Senioren M50 (50-54 Jahre)

Total time: 1:06:33

Speed: 12.62 km/h  
Running performance: 4:45 min/km

Rank in course/Total: 35 (of 222)

Rank in course/Men: 34 (of 166)

Best time in course: 52:15

Rank in category: 4(of 30)

Best time in the category: 59:54