



14. Kirschlauf
Kleinfahner / 15.06.2014

Detailed evaluation

Hamsch, Holger

Club: HAMKOC Dachwig
Number: 82

Course: 14.00 km
Hauptlauf

Category:
Senioren M45 (45-49 Jahre)

Total time: 1:13:53

Speed: 11.37 km/h
Running performance: 5:17 min/km

Rank in course/Total: 82 (of 222)

Rank in course/Men: 76 (of 166)

Best time in course: 52:15

Rank in category: 14(of 29)

Best time in the category: 57:08