



14. Kirschlauf
Kleinfahner / 15.06.2014

Detailed evaluation

Steinmetz, Mario

Club: SWE Laufteam
Number: 103

Course: 14.00 km
Hauptlauf

Category:
Senioren M45 (45-49 Jahre)

Total time: 1:20:01

Speed: 10.50 km/h
Running performance: 5:43 min/km

Rank in course/Total: 129 (of 222)

Rank in course/Men: 114 (of 166)

Best time in course: 52:15

Rank in category: 21(of 29)

Best time in the category: 57:08