



14. Kirschlauf  
Kleinfahner / 15.06.2014

## Detailed evaluation

Elster, Klaus

Club: Erfurt  
Number: 271

Course: 14.00 km  
Hauptlauf

Category:  
Senioren M55 (55-59 Jahre)

Total time: 1:25:08

Speed: 9.87 km/h  
Running performance: 6:05 min/km

Rank in course/Total: 174 (of 222)

Rank in course/Men: 145 (of 166)

Best time in course: 52:15

Rank in category: 11(of 12)

Best time in the category: 1:05:17