



14. Kirschlauf
Kleinfahner / 15.06.2014

Detailed evaluation

John, Heike

Club: USV Erfurt

Number: 43

Course: 14.00 km

Hauptlauf

Category:

Seniorinnen W40 (40-44 Jahre)

Total time: 1:26:21

Speed: 9.73 km/h

Running performance: 6:10 min/km

Rank in course/Total: 180 (of 222)

Rank in course/Women: 32 (of 56)

Best time in course: 1:04:13

Rank in category: 7(of 11)

Best time in the category: 1:15:43