



14. Kirschlauf
Kleinfahner / 15.06.2014

Detailed evaluation

Rambow, Sascha

Club: Commerzbank Erfurt
Number: 31

Course: 14.00 km
Hauptlauf

Category:
Senioren M40 (40-44 Jahre)

Total time: 1:34:00

Speed: 8.94 km/h
Running performance: 6:43 min/km

Rank in course/Total: 202 (of 222)

Rank in course/Men: 156 (of 166)

Best time in course: 52:15

Rank in category: 24(of 25)

Best time in the category: 52:45