



24. Sparkassen Sonnenwendlauf

Leipzig - Mühlwiese / 20.06.2014

Detailed evaluation

Sergel, Dieter

Club: LWF

Number: 213

Course: 10.00 km

Hauptlauf 60+

Category:

Senioren M75 (75-79 Jahre)

Total time: 1:11:43

Speed: 8.37 km/h

Running performance: 7:10 min/km

Rank in course/Total: 20 (of 22)

Rank in course/Men: 17 (of 17)

Best time in course: 50:55

Rank in category: 3(of 3)

Best time in the category: 53:11