



24. Sparkassen Sonnenwendlauf

Leipzig - Mühlwiese / 20.06.2014

Detailed evaluation

Ryborz, Gerrit

Club: LfV Oberholz

Number: 80

Course: 15.00 km

Hauptlauf

Category:

Senioren M40 (40-44 Jahre)

Total time: 1:12:21

Speed: 12.44 km/h

Running performance: 4:49 min/km

Rank in course/Total: 72 (of 146)

Rank in course/Men: 64 (of 108)

Best time in course: 55:29

Rank in category: 9(of 17)

Best time in the category: 1:01:50