



24. Sparkassen Sonnenwendlauf

Leipzig - Mühlwiese / 20.06.2014

Detailed evaluation

Helwig, Nadine

Club: Leipzig

Number: 22

Course: 15.00 km

Hauptlauf

Category:

Frauen

Total time: 1:12:40

Speed: 12.39 km/h

Running performance: 4:50 min/km

Rank in course/Total: 74 (of 146)

Rank in course/Women: 9 (of 38)

Best time in course: 1:09:30

Rank in category: 5(of 12)

Best time in the category: 1:09:30