



24. Sparkassen Sonnenwendlauf

Leipzig - Mühlwiese / 20.06.2014

Detailed evaluation

Seide, Rainer

Club: VS Leipzig

Number: 89

Course: 15.00 km

Hauptlauf

Category:

Senioren M30 (30-34 Jahre)

Total time: 1:14:26

Speed: 12.09 km/h

Running performance: 4:58 min/km

Rank in course/Total: 87 (of 146)

Rank in course/Men: 76 (of 108)

Best time in course: 55:29

Rank in category: 15(of 19)

Best time in the category: 55:29