



24. Sparkassen Sonnenwendlauf

Leipzig - Mühlwiese / 20.06.2014

Detailed evaluation

Spengler, René

Club: Leipzig

Number: 93

Course: 15.00 km

Hauptlauf

Category:

Senioren M45 (45-49 Jahre)

Total time: 1:19:11

Speed: 11.37 km/h

Running performance: 5:17 min/km

Rank in course/Total: 109 (of 146)

Rank in course/Men: 91 (of 108)

Best time in course: 55:29

Rank in category: 18(of 23)

Best time in the category: 1:00:20