



24. Sparkassen Sonnenwendlauf

Leipzig - Mühlwiese / 20.06.2014

Detailed evaluation

Sander, Volker

Club: Leipzig

Number: 124

Course: 15.00 km

Hauptlauf

Category:

Senioren M40 (40-44 Jahre)

Total time: 1:28:04

Speed: 10.22 km/h

Running performance: 5:52 min/km

Rank in course/Total: 131 (of 146)

Rank in course/Men: 102 (of 108)

Best time in course: 55:29

Rank in category: 16(of 17)

Best time in the category: 1:01:50