



## 24. Sparkassen Sonnenwendlauf

Leipzig - Mühlwiese / 20.06.2014

### Detailed evaluation

**Kuhnt, Ronny**

Club: Amateur

Number: 336

Course: 10.00 km

Volkslauf

Category:

Senioren M30 (30-34 Jahre)

Total time: 43:58

Speed: 13.65 km/h

Running performance: 4:24 min/km

Rank in course/Total: 4 (of 25)

Rank in course/Men: 4 (of 16)

Best time in course: 40:31

Rank in category: 1(of 3)

Best time in the category: 43:58