



## 24. Sparkassen Sonnenwendlauf

Leipzig - Mühlwiese / 20.06.2014

### Detailed evaluation

**Nikisch, Frank**

Club: LC Auensee

Number: 211

Course: 10.00 km

Hauptlauf 60+

Category:

Senioren M65 (65-69 Jahre)

Total time: 52:29

Speed: 11.43 km/h

Running performance: 5:15 min/km

Rank in course/Total: 5 (of 22)

Rank in course/Men: 5 (of 17)

Best time in course: 50:55

Rank in category: 1(of 2)

Best time in the category: 52:29