



24. Sparkassen Sonnenwendlauf

Leipzig - Mühlwiese / 20.06.2014

Detailed evaluation

Slawik, Raimund

Club: SV 1863 Doelzig

Number: 234

Course: 10.00 km

Volkslauf

Category:

Senioren M55 (55-59 Jahre)

Total time: 55:24

Speed: 10.83 km/h

Running performance: 5:32 min/km

Rank in course/Total: 14 (of 25)

Rank in course/Men: 13 (of 16)

Best time in course: 40:31

Rank in category: 1(of 1)

Best time in the category: 55:24