



24. Sparkassen Sonnenwendlauf

Leipzig - Mühlwiese / 20.06.2014

Detailed evaluation

Dohms, Lutz

Club: SC DHfK Leipzig

Number: 223

Course: 10.00 km

Hauptlauf 60+

Category:

Senioren M70 (70-74 Jahre)

Total time: 58:04

Speed: 10.33 km/h

Running performance: 5:49 min/km

Rank in course/Total: 13 (of 22)

Rank in course/Men: 11 (of 17)

Best time in course: 50:55

Rank in category: 3(of 4)

Best time in the category: 54:25