



24. Sparkassen Sonnenwendlauf

Leipzig - Mühlwiese / 20.06.2014

Detailed evaluation

Paul, Carsten

Club: Asics Frontrunner

Number: 155

Course: 15.00 km

Hauptlauf

Category:

Senioren M50 (50-54 Jahre)

Total time: 1:02:03

Speed: 14.50 km/h

Running performance: 4:08 min/km

Rank in course/Total: 16 (of 146)

Rank in course/Men: 16 (of 108)

Best time in course: 55:29

Rank in category: 2(of 7)

Best time in the category: 57:35