



## 24. Sparkassen Sonnenwendlauf

Leipzig - Mühlwiese / 20.06.2014

### Detailed evaluation

Hildner, Ralph

Club: LC Auensee Leipzig

Number: 147

Course: 15.00 km

Hauptlauf

Category:

Senioren M45 (45-49 Jahre)

Total time: 1:02:48

Speed: 14.33 km/h

Running performance: 4:11 min/km

Rank in course/Total: 20 (of 146)

Rank in course/Men: 20 (of 108)

Best time in course: 55:29

Rank in category: 2(of 23)

Best time in the category: 1:00:20