



16. Rennsteig-Staffellauf
Blankenstein bis Hörschel / 21.06.2014

Detailed evaluation

Wadenkrampf Berlin

Total time: 16:34:17

Number: 223

Speed: 10.32 km/h

Running performance: 5:48 min/km

Course: 171.30 km

Blankenstein-Hörschel

Rank in course: 209 (of 228)

Best time in course: 10:18:21

Category:

Rank in category: 132(of 138)

Männerstaffel

Best time in the category: 10:18:21

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total
Control	-	1:35:53	-	120	33:12	180	33:12	-	1:35:53	-	135	33:12	220	33:12
Control	-	1:46:19	-	114	40:39	178	40:39	-	3:22:12	-	135	1:11:10	220	1:11:10
Control	-	1:40:17	-	130	40:21	197	40:21	-	5:02:29	-	135	1:51:31	220	1:51:31
Control	-	1:27:42	-	72	24:47	95	24:47	-	6:30:11	-	135	2:15:44	220	2:15:44
Control	-	1:59:43	-	135	55:34	219	55:34	-	8:29:54	-	135	3:11:18	220	3:11:18
Control	-	1:50:59	-	118	42:00	184	42:00	-	10:20:53	-	135	3:45:33	206	3:45:33
Control	-	1:06:30	-	53	16:07	63	16:19	-	11:27:23	-	135	4:01:28	220	4:01:28
Control	-	1:26:20	-	131	35:52	199	35:52	-	12:53:43	-	135	4:36:21	220	4:36:21
Control	-	1:56:17	-	132	45:52	214	47:30	-	14:50:00	-	135	5:21:53	220	5:21:53
Hörschel	-	1:44:17	-	136	54:03	225	54:03	171.30	16:34:17	-	132	6:15:56	209	6:15:56