



7. ITH Hennesee Triathlon

Meschede / 28.06.2014

Detailed evaluation

Dittrich, Jonathan

Total time: 2:24:20

Club: MTG Mannheim Triathlon

Number: 379

Course: 55.40 km

Rank in course/Total: 5 (of 86)

Olympische Distanz (1,40-44,00-10,00)

Rank in course/Men: 5 (of 69)

Best time in course: 2:15:45

Category:

Rank in category: 1(of 3)

AK1 männlich (20-24 Jahre)

Best time in the category: 2:24:20

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen nett	1.40	24:40	17:37	1	-	11	3:53	1.40	24:40	17:37	1	-	49	
Wechsel S -> R	-	1:43	-	1	-	4	0:23	1.40	26:23	18:50	1	-	49	
Schwimmen Total	1.40	26:23	18:50	1	-	49		1.40	26:23	18:50	1	-	49	
Rad netto	44.00	1:18:19	1:46	1	-	8	6:18	45.40	1:44:42	2:18	1	-	48	
Wechsel R -> L	-	0:59	-	1	-	2	0:08	45.40	1:45:41	2:19	1	-	48	
Rad Total	44.00	1:19:18	1:48	1	-	8	5:47	45.40	1:45:41	2:19	1	-	48	
Lauf	10.00	38:39	3:51	1	-	4	1:26	55.40	2:24:20	2:36	1	-	5	8:35