



7. ITH Hennesee Triathlon

Meschede / 28.06.2014

Detailed evaluation

Brüll, Freddy

Total time: 2:27:17

Club: Triathlon Team EUPEN

Number: 343

Course: 55.40 km

Rank in course/Total: 8 (of 86)

Olympische Distanz (1,40-44,00-10,00)

Rank in course/Men: 8 (of 69)

Best time in course: 2:15:45

Category:

Rank in category: 4(of 19)

Senioren 1 (40-44 Jahre)

Best time in the category: 2:21:19

Intermediate times					Stage score				Total ranking					
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen nett	1.40	26:15	18:45	6	2:58	21	5:28	1.40	26:15	18:45	17			46
Wechsel S -> R	-	2:03	-	5	0:43	15	0:43	1.40	28:18	20:12	17			46
Schwimmen Total	1.40	28:18	20:12	17		46		1.40	28:18	20:12	17			46
Rad netto	44.00	1:19:34	1:48	3	7:33	11	7:33	45.40	1:47:52	2:22	16			45
Wechsel R -> L	-	1:13	-	2	0:04	9	0:22	45.40	1:49:05	2:24	14			45
Rad Total	44.00	1:20:47	1:50	3	7:16	10	7:16	45.40	1:49:05	2:24	14			45
Lauf	10.00	38:12	3:49	1	-	2	0:59	55.40	2:27:17	2:39	4	5:58	8	11:32