



7. ITH Hennesee Triathlon

Meschede / 28.06.2014

Detailed evaluation

Hermes, Lena

Total time: 10:38

Club: TriFun Hennesee

Number: 10

Course: 1.94 km

Rank in course/Total: 9 (of 20)

Kindertriathlon (0,04-1,50-0,40)

Rank in course/Women: 4 (of 9)

Best time in course: 8:31

Category:

Rank in category: 3(of 5)

weibliche Schüler A (12+13 Jahre)

Best time in the category: 9:02

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total		Total min/km	Pos Cat.	Behind Cat.	Total ranking	
						Pos Women	Behind Women	km	Time				Pos Women	Behind Women
Schwimmen nett	0.04	1:07	27:55	5	0:12	6	0:13	0.04	1:07	27:55	5	0:08	6	0:13
Wechsel S -> R	-	2:00	-	4	0:18	5	0:44	0.04	3:07	77:55	5	0:25	6	0:57
Schwimmen Total	0.04	3:07	77:55	5	0:25	6	0:57	0.04	3:07	77:55	5	0:25	6	0:57
Rad netto	1.50	3:55	2:36	2	0:35	3	0:42	1.54	7:02	4:34	5	1:00	6	1:39
Wechsel R -> L	-	0:50	-	3	0:07	4	0:07	1.54	7:52	5:06	5	1:07	6	1:45
Rad Total	1.50	4:45	3:09	3	0:42	4	0:48	1.54	7:52	5:06	5	1:07	6	1:45
Lauf	0.40	2:46	6:54	3	0:29	5	0:29	1.94	10:38	5:28	3	1:36	4	2:07