



7. ITH Hennesee Triathlon

Meschede / 28.06.2014

Detailed evaluation

Blissenbach, Gerd

Total time: 2:34:25

Club: SV Bergisch Gladbach

Number: 366

Course: 55.40 km

Rank in course/Total: 16 (of 86)

Olympische Distanz (1,40-44,00-10,00)

Rank in course/Men: 16 (of 69)

Best time in course: 2:15:45

Category:

Rank in category: 3(of 12)

Senioren 3 (50-54 Jahre)

Best time in the category: 2:27:55

Intermediate times

Stage score

Total ranking

| Control | Split km | Split Time | Split min/km | Pos Cat. | Behind Cat. | Stage score | | Total | | | Total ranking | | Pos Men | Behind Men | |
|-----------------|-------------|---------------|-----------------|-------------|----------------|-------------|---------------|-------------|---------------|-----------------|---------------|----------------|------------|---------------|--|
| | | | | | | Pos Men | Behind Men | Total km | Total Time | Total min/km | Pos Cat. | Behind Cat. | | | |
| Schwimmen nett | 1.40 | 25:03 | 17:53 | 1 | - | 13 | 4:16 | 1.40 | 25:03 | 17:53 | 3 | | | 39 | |
| Wechsel S -> R | - | 2:07 | - | 2 | 0:07 | 18 | 0:47 | 1.40 | 27:10 | 19:24 | 3 | 0:05 | | 39 | |
| Schwimmen Total | 1.40 | 27:10 | 19:24 | 3 | 0:05 | 39 | | 1.40 | 27:10 | 19:24 | 3 | 0:05 | | 39 | |
| Rad netto | 44.00 | 1:20:03 | 1:49 | 3 | 5:24 | 14 | 8:02 | 45.40 | 1:47:13 | 2:21 | 3 | 5:29 | | 38 | |
| Wechsel R -> L | - | 1:46 | - | 7 | 0:35 | 45 | 0:55 | 45.40 | 1:48:59 | 2:24 | 3 | 6:04 | | 38 | |
| Rad Total | 44.00 | 1:21:49 | 1:51 | 3 | 5:59 | 15 | 8:18 | 45.40 | 1:48:59 | 2:24 | 3 | 6:04 | | 38 | |
| Lauf | 10.00 | 45:26 | 4:32 | 5 | 1:45 | 29 | 8:13 | 55.40 | 2:34:25 | 2:47 | 3 | 6:30 | 16 | 18:40 | |