



7. ITH Hennesee Triathlon

Meschede / 28.06.2014

Detailed evaluation

Blissenbach, Gerd

Total time: 2:34:25

Club: SV Bergisch Gladbach

Number: 366

Course: 55.40 km

Rank in course/Total: 16 (of 86)

Olympische Distanz (1,40-44,00-10,00)

Rank in course/Men: 16 (of 69)

Best time in course: 2:15:45

Category:

Rank in category: 3(of 12)

Senioren 3 (50-54 Jahre)

Best time in the category: 2:27:55

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen nett	1.40	25:03	17:53	1	-	13	4:16	1.40	25:03	17:53	3			39
Wechsel S -> R	-	2:07	-	2	0:07	18	0:47	1.40	27:10	19:24	3	0:05		39
Schwimmen Total	1.40	27:10	19:24	3	0:05	39		1.40	27:10	19:24	3	0:05		39
Rad netto	44.00	1:20:03	1:49	3	5:24	14	8:02	45.40	1:47:13	2:21	3	5:29		38
Wechsel R -> L	-	1:46	-	7	0:35	45	0:55	45.40	1:48:59	2:24	3	6:04		38
Rad Total	44.00	1:21:49	1:51	3	5:59	15	8:18	45.40	1:48:59	2:24	3	6:04		38
Lauf	10.00	45:26	4:32	5	1:45	29	8:13	55.40	2:34:25	2:47	3	6:30	16	18:40