



# 7. ITH Hennesee Triathlon

Meschede / 28.06.2014

## Detailed evaluation

**Wüster, Bernd**

**Total time: 2:37:28**

Club: Tri Power Rhein-Sieg

Number: 335

Course: 55.40 km

Rank in course/Total: 21 (of 86)

Olympische Distanz (1,40-44,00-10,00)

Rank in course/Men: 21 (of 69)

Best time in course: 2:15:45

Category:

Rank in category: 1(of 5)

Senioren 4 (55-59 Jahre)

Best time in the category: 2:37:28

| Intermediate times |          |            |              |          | Stage score |         |            |          | Total ranking |              |          |             |         |            |
|--------------------|----------|------------|--------------|----------|-------------|---------|------------|----------|---------------|--------------|----------|-------------|---------|------------|
| Control            | Split km | Split Time | Split min/km | Pos Cat. | Behind Cat. | Pos Men | Behind Men | Total km | Total Time    | Total min/km | Pos Cat. | Behind Cat. | Pos Men | Behind Men |
| Schwimmen nett     | 1.40     | 22:29      | 16:03        | 1        | -           | 3       | 1:42       | 1.40     | 22:29         | 16:03        | 1        | -           | 52      |            |
| Wechsel S -> R     | -        | 2:20       | -            | 2        | 0:17        | 29      | 1:00       | 1.40     | 24:49         | 17:43        | 1        | -           | 68      |            |
| Schwimmen Total    | 1.40     | 24:49      | 17:43        | 1        | -           | 68      |            | 1.40     | 24:49         | 17:43        | 1        | -           | 68      |            |
| Rad netto          | 44.00    | 1:23:32    | 1:53         | 1        | -           | 26      | 11:31      | 45.40    | 1:48:21       | 2:23         | 1        | -           | 53      |            |
| Wechsel R -> L     | -        | 1:45       | -            | 3        | 0:07        | 44      | 0:54       | 45.40    | 1:50:06       | 2:25         | 1        | -           | 43      |            |
| Rad Total          | 44.00    | 1:25:17    | 1:56         | 1        | -           | 26      | 11:46      | 45.40    | 1:50:06       | 2:25         | 1        | -           | 43      |            |
| Lauf               | 10.00    | 47:22      | 4:44         | 2        | 8:46        | 35      | 10:09      | 55.40    | 2:37:28       | 2:50         | 1        | -           | 21      | 21:43      |