



7. ITH Hennesee Triathlon

Meschede / 28.06.2014

Detailed evaluation

Gorissen, Michael

Total time: 2:37:02

Club: Team Magic/KTT01

Number: 364

Course: 55.40 km

Rank in course/Total: 20 (of 86)

Olympische Distanz (1,40-44,00-10,00)

Rank in course/Men: 20 (of 69)

Best time in course: 2:15:45

Category:

Rank in category: 7(of 19)

Senioren 1 (40-44 Jahre)

Best time in the category: 2:21:19

Intermediate times

Stage score

Total ranking

Control	Intermediate times					Stage score				Total ranking					
	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	
Schwimmen nett	1.40	29:15	20:53	13	5:58	39	8:28	1.40	29:15	20:53	14	0:13	67	2:11	
Wechsel S -> R	-	1:57	-	4	0:37	10	0:37	1.40	31:12	22:17	14		67	1:50	
Schwimmen Total	1.40	31:12	22:17	14		67	1:50	1.40	31:12	22:17	14		67	1:50	
Rad netto	44.00	1:20:29	1:49	5	8:28	15	8:28	45.40	1:51:41	2:27	13		55		
Wechsel R -> L	-	1:39	-	13	0:30	35	0:48	45.40	1:53:20	2:29	11		52		
Rad Total	44.00	1:22:08	1:52	5	8:37	17	8:37	45.40	1:53:20	2:29	11		52		
Lauf	10.00	43:42	4:22	8	5:30	18	6:29	55.40	2:37:02	2:50	7	15:43	20	21:17	