



7. ITH Hennesee Triathlon

Meschede / 28.06.2014

Detailed evaluation

Janzen, Berthold

Total time: 2:37:01

Club: SG Welper Triathlon

Number: 393

Course: 55.40 km

Rank in course/Total: 19 (of 86)

Olympische Distanz (1,40-44,00-10,00)

Rank in course/Men: 19 (of 69)

Best time in course: 2:15:45

Category:

Rank in category: 6(of 19)

Senioren 1 (40-44 Jahre)

Best time in the category: 2:21:19

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking							
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	
Schwimmen nett	1.40	28:24	20:17	11	5:07	35	7:37	1.40	28:24	20:17	13			66	1:20
Wechsel S -> R	-	3:43	-	15	2:23	57	2:23	1.40	32:07	22:56	13	0:31		66	2:45
Schwimmen Total	1.40	32:07	22:56	13	0:31	66	2:45	1.40	32:07	22:56	13	0:31		66	2:45
Rad netto	44.00	1:22:22	1:52	7	10:21	20	10:21	45.40	1:54:29	2:31	12			56	
Wechsel R -> L	-	1:13	-	2	0:04	9	0:22	45.40	1:55:42	2:32	10			53	
Rad Total	44.00	1:23:35	1:53	7	10:04	20	10:04	45.40	1:55:42	2:32	10			53	
Lauf	10.00	41:19	4:07	5	3:07	10	4:06	55.40	2:37:01	2:50	6	15:42		19	21:16