



# 7. ITH Hennesee Triathlon

Meschede / 28.06.2014

## Detailed evaluation

**Flöter, Anja**

**Total time: 2:47:28**

Club: Tv Flerke Tri Team

Number: 383

Course: 55.40 km

Rank in course/Total: 35 (of 86)

Olympische Distanz (1,40-44,00-10,00)

Rank in course/Women: 1 (of 17)

Best time in course: 2:47:28

Category:

Rank in category: 1(of 5)

Seniorinnen 2 (45-49 Jahre)

Best time in the category: 2:47:28

Control	Intermediate times				Stage score				Total ranking					
	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Schwimmen nett	1.40	25:52	18:28	1	-	3	1:49	1.40	25:52	18:28	1	-	1	-
Wechsel S -> R	-	2:31	-	2	0:17	8	0:25	1.40	28:23	20:16	1	-	1	-
Schwimmen Total	1.40	28:23	20:16	1	-	1	-	1.40	28:23	20:16	1	-	1	-
Rad netto	44.00	1:28:59	2:01	1	-	2	0:43	45.40	1:57:22	2:35	1	-	1	-
Wechsel R -> L	-	1:30	-	1	-	2	0:05	45.40	1:58:52	2:37	5	-	13	-
Rad Total	44.00	1:30:29	2:03	1	-	1	-	45.40	1:58:52	2:37	5	-	13	-
Lauf	10.00	48:36	4:51	2	0:42	3	0:42	55.40	2:47:28	3:01	1	-	1	-