



7. ITH Hennesee Triathlon

Meschede / 28.06.2014

Detailed evaluation

Kemper, Christoph

Club: TRI Sport Menden

Number: 380

Course: 55.40 km

Olympische Distanz (1,40-44,00-10,00)

Category:

Senioren 1 (40-44 Jahre)

Total time: 2:47:51

Rank in course/Total: 36 (of 86)

Rank in course/Men: 35 (of 69)

Best time in course: 2:15:45

Rank in category: 11(of 19)

Best time in the category: 2:21:19

Control	Intermediate times				Stage score				Total ranking					
	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen nett	1.40	27:34	19:41	10	4:17	29	6:47	1.40	27:34	19:41	10		54	0:30
Wechsel S -> R	-	4:29	-	17	3:09	65	3:09	1.40	32:03	22:53	10	0:27	32	2:41
Schwimmen Total	1.40	32:03	22:53	10	0:27	32	2:41	1.40	32:03	22:53	10	0:27	32	2:41
Rad netto	44.00	1:23:07	1:53	10	11:06	25	11:06	45.40	1:55:10	2:32	9		17	
Wechsel R -> L	-	2:32	-	18	1:23	64	1:41	45.40	1:57:42	2:35	7		2	
Rad Total	44.00	1:25:39	1:56	11	12:08	27	12:08	45.40	1:57:42	2:35	7		2	
Lauf	10.00	50:09	5:00	15	11:57	49	12:56	55.40	2:47:51	3:01	11	26:32	35	32:06