



7. ITH Hennesee Triathlon

Meschede / 28.06.2014

Detailed evaluation

Peters, Diana

Total time: 2:49:47

Club: Tritus SV Neptun Neheim-Hüsten

Number: 310

Course: 55.40 km

Rank in course/Total: 41 (of 86)

Olympische Distanz (1,40-44,00-10,00)

Rank in course/Women: 2 (of 17)

Best time in course: 2:47:28

Category:

Rank in category: 1(of 4)

AK4 weiblich (35-39 Jahre)

Best time in the category: 2:49:47

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Schwimmen nett	1.40	28:13	20:09	1	-	5	4:10	1.40	28:13	20:09	1	-	2	2:21
Wechsel S -> R	-	2:06	-	1	-	1	-	1.40	30:19	21:39	1	-	2	1:56
Schwimmen Total	1.40	30:19	21:39	1	-	2	1:56	1.40	30:19	21:39	1	-	2	1:56
Rad netto	44.00	1:29:58	2:02	1	-	3	1:42	45.40	2:00:17	2:38	3	-	13	2:55
Wechsel R -> L	-	1:25	-	1	-	1	-	45.40	2:01:42	2:40	1	-	1	-
Rad Total	44.00	1:31:23	2:04	1	-	3	0:54	45.40	2:01:42	2:40	1	-	1	-
Lauf	10.00	48:05	4:48	1	-	2	0:11	55.40	2:49:47	3:03	1	-	2	2:19