



7. ITH Hennesee Triathlon

Meschede / 28.06.2014

Detailed evaluation

Belting, Andreas

Total time: 2:54:13

Club: Tönisberg

Number: 312

Course: 55.40 km

Rank in course/Total: 46 (of 86)

Olympische Distanz (1,40-44,00-10,00)

Rank in course/Men: 43 (of 69)

Best time in course: 2:15:45

Category:

Rank in category: 10(of 10)

AK4 männlich (35-39 Jahre)

Best time in the category: 2:15:45

Intermediate times					Stage score				Total ranking					
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen nett	1.40	28:37	20:26	7	7:50	37	7:50	1.40	28:37	20:26	10	7:50	11	1:33
Wechsel S -> R	-	2:12	-	5	0:29	20	0:52	1.40	30:49	22:00	10	8:04	11	1:27
Schwimmen Total	1.40	30:49	22:00	10	8:04	11	1:27	1.40	30:49	22:00	10	8:04	11	1:27
Rad netto	44.00	1:28:45	2:01	10	14:07	41	16:44	45.40	1:59:34	2:38	7	22:11	1	-
Wechsel R -> L	-	1:31	-	5	0:25	28	0:40	45.40	2:01:05	2:40	10	22:33	67	
Rad Total	44.00	1:30:16	2:03	10	14:29	41	16:45	45.40	2:01:05	2:40	10	22:33	67	
Lauf	10.00	53:08	5:18	10	15:55	55	15:55	55.40	2:54:13	3:08	10	38:28	43	38:28