



7. ITH Hennesee Triathlon

Meschede / 28.06.2014

Detailed evaluation

Skuginna, Eike

Total time: 2:57:13

Club: TRISTAR-OELDE

Number: 339

Course: 55.40 km

Rank in course/Total: 52 (of 86)

Olympische Distanz (1,40-44,00-10,00)

Rank in course/Men: 47 (of 69)

Best time in course: 2:15:45

Category:

Rank in category: 17(of 19)

Senioren 1 (40-44 Jahre)

Best time in the category: 2:21:19

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen nett	1.40	31:17	22:20	16	8:00	52	10:30	1.40	31:17	22:20	5	2:15	8	4:13
Wechsel S -> R	-	5:53	-	19	4:33	69	4:33	1.40	37:10	26:32	5	5:34	8	7:48
Schwimmen Total	1.40	37:10	26:32	5	5:34	8	7:48	1.40	37:10	26:32	5	5:34	8	7:48
Rad netto	44.00	1:30:28	2:03	15	18:27	44	18:27	45.40	2:07:38	2:48	5	9:07	7	8:04
Wechsel R -> L	-	4:43	-	19	3:34	69	3:52	45.40	2:12:21	2:54	4	11:44	10	
Rad Total	44.00	1:35:11	2:09	17	21:40	50	21:40	45.40	2:12:21	2:54	4	11:44	10	
Lauf	10.00	44:52	4:29	10	6:40	26	7:39	55.40	2:57:13	3:11	17	35:54	47	41:28