



# 7. ITH Hennesee Triathlon

Meschede / 28.06.2014

## Detailed evaluation

### RC Sorpesee

Club: RC Sorpesee

Number: 56

Course: 25.70 km

Volksdistanz Staffel (0,70-20,00-5,00)

Category:

Staffel

Total time: 1:03:17

Rank in course/Total: 1 (of 24)

Rank in course/Total: 1 (of 24)

Best time in course: 1:03:17

Rank in category: 1(of 24)

Best time in the category: 1:03:17

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total
Schwimmen nett	0.70	10:34	15:05	2	0:55	2	0:55	0.70	10:34	15:05	13		13	
Wechsel S -> R	-	1:15	-	3	0:06	3	0:06	0.70	11:49	16:52	13		13	
Schwimmen Total	0.70	11:49	16:52	13		13		0.70	11:49	16:52	13		13	
Rad netto	20.00	33:12	1:39	1	-	1	-	20.70	45:01	2:10	13		13	
Wechsel R -> L	-	0:43	-	5	0:04	5	0:04	20.70	45:44	2:12	13		13	
Rad Total	20.00	33:55	1:41	1	-	1	-	20.70	45:44	2:12	13		13	
Lauf	5.00	17:33	3:30	1	-	1	-	25.70	1:03:17	2:27	1	-	1	-