



7. ITH Hennesee Triathlon

Meschede / 28.06.2014

Detailed evaluation

Gau, Eva

Total time: 2:59:02

Club: Team Magic

Number: 351

Course: 55.40 km

Rank in course/Total: 55 (of 86)

Olympische Distanz (1,40-44,00-10,00)

Rank in course/Women: 6 (of 17)

Best time in course: 2:47:28

Category:

Rank in category: 1(of 3)

AK3 weiblich (30-34 Jahre)

Best time in the category: 2:59:02

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Total ranking	
						Pos Women	Behind Women						Pos Women	Behind Women
Schwimmen nett	1.40	31:19	22:22	2	0:18	9	7:16	1.40	31:19	22:22	1	-	6	5:27
Wechsel S -> R	-	3:16	-	2	0:51	11	1:10	1.40	34:35	24:42	1	-	6	6:12
Schwimmen Total	1.40	34:35	24:42	1	-	6	6:12	1.40	34:35	24:42	1	-	6	6:12
Rad netto	44.00	1:28:16	2:00	1	-	1	-	45.40	2:02:51	2:42	2	-	14	5:29
Wechsel R -> L	-	2:22	-	2	0:45	14	0:57	45.40	2:05:13	2:45	2	-	15	3:31
Rad Total	44.00	1:30:38	2:03	1	-	2	0:09	45.40	2:05:13	2:45	2	-	15	3:31
Lauf	10.00	53:49	5:22	2	2:48	11	5:55	55.40	2:59:02	3:13	1	-	6	11:34