



7. ITH Hennesee Triathlon

Meschede / 28.06.2014

Detailed evaluation

Brüll, Aline

Total time: 3:07:33

Club: Triathlon Team EUPEN

Number: 344

Course: 55.40 km

Rank in course/Total: 67 (of 86)

Olympische Distanz (1,40-44,00-10,00)

Rank in course/Women: 11 (of 17)

Best time in course: 2:47:28

Category:

Rank in category: 3(of 3)

Seniorinnen 1 (40-44 Jahre)

Best time in the category: 2:51:18

Control	Intermediate times				Stage score				Total ranking					
	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Schwimmen nett	1.40	30:42	21:55	3	6:39	6	6:39	1.40	30:42	21:55	3	6:39	11	4:50
Wechsel S -> R	-	2:30	-	3	0:22	7	0:24	1.40	33:12	23:42	3	6:46	11	4:49
Schwimmen Total	1.40	33:12	23:42	3	6:46	11	4:49	1.40	33:12	23:42	3	6:46	11	4:49
Rad netto	44.00	1:40:19	2:16	3	8:59	12	12:03	45.40	2:13:31	2:56	3	15:45	8	16:09
Wechsel R -> L	-	1:55	-	2	0:13	10	0:30	45.40	2:15:26	2:58	2	12:07	8	13:44
Rad Total	44.00	1:42:14	2:19	3	8:46	12	11:45	45.40	2:15:26	2:58	2	12:07	8	13:44
Lauf	10.00	52:07	5:12	2	0:43	8	4:13	55.40	3:07:33	3:23	3	16:15	11	20:05