



# 7. ITH Hennesee Triathlon

Meschede / 28.06.2014

## Detailed evaluation

**Neumann, Dennis**

**Total time: 3:07:33**

Club: Tri Team Selm e.V.

Number: 390

Course: 55.40 km

Rank in course/Total: 68 (of 86)

Olympische Distanz (1,40-44,00-10,00)

Rank in course/Men: 57 (of 69)

Best time in course: 2:15:45

Category:

Rank in category: 3(of 3)

AK1 männlich (20-24 Jahre)

Best time in the category: 2:24:20

### Intermediate times

### Stage score

### Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen nett	1.40	27:43	19:47	3	3:03	31	6:56	1.40	27:43	19:47	3	3:03	34	0:39
Wechsel S -> R	-	3:21	-	3	1:38	54	2:01	1.40	31:04	22:11	3	4:41	34	1:42
Schwimmen Total	1.40	31:04	22:11	3	4:41	34	1:42	1.40	31:04	22:11	3	4:41	34	1:42
Rad netto	44.00	1:42:57	2:20	3	24:38	64	30:56	45.40	2:14:01	2:57	3	29:19	19	14:27
Wechsel R -> L	-	2:31	-	3	1:32	63	1:40	45.40	2:16:32	3:00	3	30:51	18	2:39
Rad Total	44.00	1:45:28	2:23	3	26:10	64	31:57	45.40	2:16:32	3:00	3	30:51	18	2:39
Lauf	10.00	51:01	5:06	3	12:22	51	13:48	55.40	3:07:33	3:23	3	43:13	57	51:48