



7. ITH Hennesee Triathlon

Meschede / 28.06.2014

Detailed evaluation

Roters, Heinrich

Total time: 3:07:35

Club: DJK TRI Rhede

Number: 331

Course: 55.40 km

Rank in course/Total: 70 (of 86)

Olympische Distanz (1,40-44,00-10,00)

Rank in course/Men: 59 (of 69)

Best time in course: 2:15:45

Category:

Rank in category: 2(of 5)

Senioren 4 (55-59 Jahre)

Best time in the category: 2:37:28

| Intermediate times | | | | | Stage score | | | | Total ranking | | | | | |
|--------------------|----------|------------|--------------|----------|-------------|---------|------------|----------|---------------|--------------|----------|-------------|---------|------------|
| Control | Split km | Split Time | Split min/km | Pos Cat. | Behind Cat. | Pos Men | Behind Men | Total km | Total Time | Total min/km | Pos Cat. | Behind Cat. | Pos Men | Behind Men |
| Schwimmen nett | 1.40 | 33:54 | 24:12 | 3 | 11:25 | 60 | 13:07 | 1.40 | 33:54 | 24:12 | 2 | 11:25 | 31 | 6:50 |
| Wechsel S -> R | - | 3:15 | - | 4 | 1:12 | 53 | 1:55 | 1.40 | 37:09 | 26:32 | 2 | 12:20 | 31 | 7:47 |
| Schwimmen Total | 1.40 | 37:09 | 26:32 | 2 | 12:20 | 31 | 7:47 | 1.40 | 37:09 | 26:32 | 2 | 12:20 | 31 | 7:47 |
| Rad netto | 44.00 | 1:49:44 | 2:29 | 5 | 26:12 | 68 | 37:43 | 45.40 | 2:26:53 | 3:14 | 2 | 38:32 | 22 | 27:19 |
| Wechsel R -> L | - | 2:06 | - | 5 | 0:28 | 53 | 1:15 | 45.40 | 2:28:59 | 3:16 | 2 | 38:53 | 21 | 15:06 |
| Rad Total | 44.00 | 1:51:50 | 2:32 | 5 | 26:33 | 68 | 38:19 | 45.40 | 2:28:59 | 3:16 | 2 | 38:53 | 21 | 15:06 |
| Lauf | 10.00 | 38:36 | 3:51 | 1 | - | 3 | 1:23 | 55.40 | 3:07:35 | 3:23 | 2 | 30:07 | 59 | 51:50 |