



# 7. ITH Hennesee Triathlon

Meschede / 28.06.2014

## Detailed evaluation

**König, Volker**

**Total time: 3:09:23**

Club: -

Number: 370

Course: 55.40 km

Rank in course/Total: 72 (of 86)

Olympische Distanz (1,40-44,00-10,00)

Rank in course/Men: 61 (of 69)

Best time in course: 2:15:45

Category:

Rank in category: 12(of 12)

Senioren 3 (50-54 Jahre)

Best time in the category: 2:27:55

### Intermediate times

### Stage score

### Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total			Total ranking			
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen nett	1.40	36:01	25:43	11	10:58	65	15:14	1.40	36:01	25:43	12	10:56	27	8:57
Wechsel S -> R	-	4:00	-	12	2:00	61	2:40	1.40	40:01	28:35	12	12:56	27	10:39
Schwimmen Total	1.40	40:01	28:35	12	12:56	27	10:39	1.40	40:01	28:35	12	12:56	27	10:39
Rad netto	44.00	1:37:57	2:13	12	23:18	60	25:56	45.40	2:17:58	3:02	12	36:14	26	18:24
Wechsel R -> L	-	2:35	-	12	1:24	65	1:44	45.40	2:20:33	3:05	10	37:38	25	6:40
Rad Total	44.00	1:40:32	2:17	12	24:42	60	27:01	45.40	2:20:33	3:05	10	37:38	25	6:40
Lauf	10.00	48:50	4:53	8	5:09	42	11:37	55.40	3:09:23	3:25	12	41:28	61	53:38